



Where Kids Get a
Jump on Life!

METRODANCE
ACADEMY
LEARN • TRAIN • GROW

January, 2024

NEWSLETTER

Happy New Year!

Upcoming News & Events

Competitive
Gymnastics
Season Begins

Dance Spring
Picture Day
May 4, 2024

Dance Spring
Showcase
June 8, 2024

Mini-Movers and Rec Programs Thriving

We're excited to share a quick update on our Mini-Movers and Recreational Girls and Boys programs – they are going strong! Our incredible Metro Coaches are loving every moment spent working with our young gymnasts, witnessing their progress, and seeing them grow in this amazing sport.



Metro Winter Camp

We extend our heartfelt gratitude to each camper, parent, and staff member who contributed to the success of our winter camp. Thank you for the warmth and joy your children brought to the camp!

Snowflakes Winter Showcase

The 2023 Snowflakes Winter Showcase was a huge success and we'd like to thank all of our dancers and their families and friends for being there. It was our largest winter show to date and we are so thankful for the support and the growth of our studio this past year!





Team Gymnastics

Led by our experienced coaching staff, the Boys and Girls Teams Gymnastics programs are about to begin their competitive season.



Gymnastics is not just about flips and routines; it's about building character, discipline, and resilience. Through teamwork, sportsmanship, and goal-setting, the skills learned by our gymnasts extend beyond the mat, shaping kids into confident and determined individuals. Let the season begin!



Girls Team Head Coach
Sara Halverson



Boys Team Head Coach
Svetlo Stanchev

New Dance Schedule Now Live!

New Classes Added & Updates

We are excited to announce new classes and several updates to the Metro Dance Academy schedule. While most classes will remain the same, we'd like to highlight the updates to the current schedule:

- **New!** Monday Ballet 1 (ages 7-12) - 4:45pm
- Monday - Turns & Tricks 1 - 5:30pm
- **New!** Monday - Turns & Tricks 2 - 6:45pm
- Monday - Extended Acro 2/3 - 7:15pm - 8:30pm
- Tuesday - Extended Ballet 1 - 4:00pm - 5:00pm
- Tuesday - Acro 1 start time now 5:00pm
- Hip Hop 1 moved to Wednesday - 6:15pm
(no longer on Tuesday evenings)
- **New!** Thursday - Pre-Ballet (ages 5-9) - 4:45pm

View the complete schedule at
MetroDanceAcademy.com

If you have any questions, please contact us at danceatmetro@gmail.com. We hope these schedule updates will meet your needs and provide additional opportunities to participate in the classes you are looking for. We look forward to continuing with our exciting season of dance in 2024!



Welcome Back Tiffany!



Please join us in welcoming back Dance Instructor, Tiffany Davids!

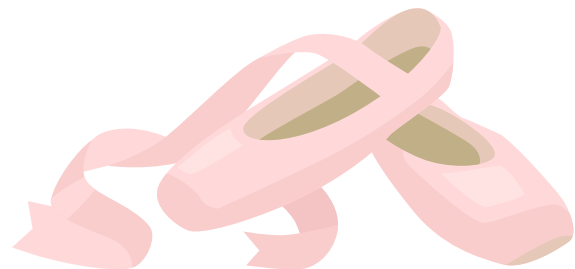
Tiffany has been out on maternity leave and we are thrilled to have her back in the studio! Tiffany has a strong dance background in all styles and as won multiple choreography awards. She brings passion and skill to all of her classes and enjoys watching her dancers learn and grow.

Tiffany will be teaching the following classes on Thursdays starting in January:

- **New!** Pre-Ballet (ages 5-9) - 4:45pm - 5:30pm
- Ballet 2* (ages 7-12) - 5:30pm - 6:30pm
- Ballet 3 & Pointe Prep* (ages 10+) - 6:30pm - 7:30pm
- Contemporary 2/3 (ages 10+) - 7:30pm - 8:15pm
- Improv (ages 8+) - 8:15pm - 9:00pm

**teacher placement class*

If you are interested in enrolling in one of Tiffany's classes, please visit our **Online Enrollment Page** located at MetroDanceAcademy.com.



January Tuition:

- Tuition Billing Cycle : 1/2 - 1/27
- Tuition Auto Charge: 1/6 (Teams/Dance) 1/7 (Gymnastics)
- OPEN 1/15 MLK DAY

February Tuition:

- Tuition Billing Cycle: 1/29 - 2/24
- Tuition Auto Charge: 2/6 (Teams/Dance) 2/7 (Gymnastics)
- OPEN 2/19 - President's Day

For complete details on Tuition and our cancellation policies, please visit the **Customer Portal & Policies** pages at MetroDanceAcademy.com and MetroGymnastics.com.



Absences & Make Ups

Please email annettem@metrogymnastics.com with any known future absence, so we can use those spots as make ups for other children.

Weather Policy

We DO NOT follow Tigard/Tualatin School District Inclement Weather Policy. Notifications of delays and closures will be emailed and posted on social media outlets.



A Note From Meka & Luna



Metro Gymnastics Center & Metro Dance Academy

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Office Hours:

Monday - 11:00am - 6:00pm | Wednesday - 9:45am - 6:00pm | Tuesday & Thursday - 8:45am - 6:00pm
Friday - Office Closed | Saturday - 9:00am - 12:00pm

www.MetroGymnastics.com | www.MetroDanceAcademy.com



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