



Metro Spirit Cheerleading 2009 - 2010



Rec Cheer Schedule

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
12:00						<p>There is a minimum of 6 students needed in a class to open.</p> <p>Cheer/Dance Birthday parties:</p> <p>For a fun and exciting alternative to the traditional house party why not bring your friends to Metro Gymnastics and Cheer? We will teach a mini-routine, work on tumbling, or a cool hip-hop dance!</p>
12:30						
1:00						
1:30						
2:00						
2:30						
3:30	Cheer Class 4 & 5 year olds 3:30 - 4:30			Tumbling ALL ages 3:30 - 4:30		
4:00						
4:30	Tumbling ALL ages 4:30-5:30					
5:00						
5:30	D-Rec Cheer 7 to 14 5:30-7:00		Tumbling 6 to 18 5:30 - 6:30			
6:00						
6:30			Open Gym 6:30-8:30 <i>open to ALL Metro members ages 6 and UP and their friends (with a signed release)</i>	Hip-Hop Dance All Ages 6:30 - 7:30		
7:00						
7:30						
8:30						

TUITION & MEMBERSHIP FEE

Rec tuition: 8 wks - \$128.00

Sessions = Sept/Oct (8/31 - 10/24) and Nov/Dec (10/26 - 12/19)

Metro Gymnastics Center charges a YEARLY MEMBERSHIP FEE of \$30.00 per family. This fee is due in September (or upon initial registration) and runs through August of the following year.

Open Gym 6:30-8:30 pm Wednesday

\$10 per visit or \$75 for 10 visit Punch Card

DISCOUNTS WILL BE GIVEN FOR MULTIPLE CHILDREN OR CLASSES ENROLLED IN ANY METRO PROGRAMS

Cheer Class : focuses on all aspects of cheer including stunting, dance, tumbling, and jumps

Tumbling : specific class for those who want to focus on only TUMBLING

Hip-Hop : new, fun, and exciting moves taught by Coach Paige

D-Rec : developmental cheer team that will participate in local competitions but does not require as much financial or time commitment as our competitive squad. Please see our flyer regarding this class for more information.

Cheer/Dance Birthday parties : call or see information on our website. Parties will be specially designed with the cheerleader or dancer in mind!

NO REFUNDS ARE GIVEN. Credit on your account will occur only in the case of injury.

TUITION IS DUE ON THE 20TH OF THE MONTH PRIOR TO THE BEGINNING OF THE NEW SESSION. WE WILL AUTOMATICALLY RE-ENROLL YOUR CHILD IN THE NEXT SESSION.

(PAYMENT IS NOT AUTOMATIC)

METRO GYMNASTICS CENTER

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